

# **A tavola con le religioni. Il cibo plurale delle mense scolastiche**

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## *Religions at the Table. Plural Food in School Canteens*

**Abstract:** The main goal of this article is to explore the differences in the diet and nutritional status among children coming from different countries and cultures and to discuss, on this basis, the extent to which such public institutions as primary schools are capable of taking into consideration different religious and traditional beliefs regarding nutrition when offering canteen services. After a brief theoretical introduction, the first part of the article compares different practices followed in school canteens across Italy with special emphasis on the ways in which “Turin School Canteen Service” has promoted social and educational policies. The second part presents the results of a survey on “food and religions” conducted with families whose children attend Turin primary schools and have benefited from school canteen services (2013/2014).

**Keywords:** School canteens, Religious communities, Food education, Quality and sustainability.

*notizie di POLITEIA*, XXX, 114, 2014. ISSN 1128-2401 pp. 70-93.